JANUARY-MARCH 2021 |

AL BASEER FOUNDATION

21ST COMMERCIAL ST, PHASE 2 COMMERCIAL AREA DEFENCE HOUSING AUTHORITY, KARACHI CITY, SINDH 75500

PROGRESS UPDATES

-MEMBERSHIP OF PROVINCIAL EYE HEALTH COMMITTEE
-COLLABORATION WITH ORGANIZATION FOR PERSONS WITH DISABILITIES
- INCLUSIVE EYE HEALTH TRAININGS
-AL BASEER EYE HOSPITAL PROGRESS
- PRIMARY EYECARE SERVICES
-OUTREACH ACTIVITIES
-PROGRESS OF COMPREHENSIVE EYE CARE PROGRAM, THE UNIVERSITY OF LAHORE

PROVINCIAL EYE HEALTH COMMITTEE, SINDH

MEMBERSHIP AND PARTICIPATION

We are pleased to share that Al Baseer Eye Hospital is now a member of the Provincial Eye Health Committee Sindh led by Prof Khalid Iqbal Talpur, Provincial Coordinator Sindh.

Dr. Muhammad Khizar Bashir, CEO of Al Baseer Foundation attended the provincial eye heath committee meeting held at PC Hotel Karachi. The meeting was organized by the Sindh Institute of Ophthalmology and Visual Sciences (SIOVS) Hyderabad supported by International Eye NGOs. It was privileged to have the Provincial Health Secretary, Dr. Kazim Hussain Jatoi in the meeting. The comprehensive picture of the availability of eye care services nationally and in Sindh province, in particular, was shared. The existing gaps and future needs in Sindh province were shared with the Health Secretary.

Dr. Muhammad Khizar highlighted the need of standardizing outreach activities. Standardized protocols need to be defined at the provincial and national levels.

COLLABORATION WITH ORGANIZATION FOR PERSONS WITH DISABILITIES

BINAE WELFARE ASSOCIATION

BINAE Welfare Association is an organization working for the rehabilitation and vocational training of persons or children who are blind. Al Baseer actively participated in Binae Awareness event organized by the association and provided technical input.

To promote comprehensive inclusiveness, Al Baseer Foundation has developed linkages with organizations for persons with disabilities such as the Binae Welfare Association in order to develop a two-way referral support network.

Group Photo of Al Baseer's representative with organizers and eye care stakeholders.

Salman Ilahi, Head of Binaee Welfare Association Awareness addressing during Binae Awareness event

BINAE AWARENESS EVENT

World Leprosy Day

World Leprosy Day (WLD) falls every year on the last Sunday of January. The theme this year for WLD is **#BeatLeprosy**.

World Leprosy Day raises awareness of a disease that many people believe to be extinct. To support the cause and strengthen linkages with Marie Adelaide Leprosy Center. Al Baseer participated in 68th World Leprosy Day commemorated by MLAC at Karachi Marriott Hotel on 28th January 2021.

INCLUSIVE EYE HEALTH

INCLUSIVE EYE HEALTH TRAINING WORKSHOP 2021

There are large numbers of people in the world's poorest places who are visually impaired and cannot access the support they need. Many persons with disabilities and other marginalized communities also face barriers in accessing eye health services. Especially, in developing countries, the available services for persons with disabilities are not sufficient enough to bring meaningful lifelong change.

To raise awareness and ensure eye health work is accessible, and planned with gender and disability considerations in mind, Inclusive Eye Health (IEH) training has been the part of national agenda since 2017. In this context, consecutive trainings have been conducted by different public and private eye health institutions to build capacity of eye health cadres.

Layton Rahmatullah Benevolent Trust (LRBT) organized a one-day training workshop on "Inclusive Eye Health" supported by Christoffel-Blinden mission (CBM) at Pearl Continental Hotel Karachi in January 2021.

Participants were from different teaching institutes like Ziauddin University, Dow university of health and sciences(DUHS), Isra School of Optometry Al-Ibrahim Eye hospital, Khairunnisa Institute of Visual sciences, and other reputable organizations

Ms. Fatima Zehra Program Manager Al Baseer Foundation, also a National Master Trainer of **Inclusive Eye Health** facilitated the workshop.

Inclusive Eye Health

Ensuring eye health programs are accessible and welcoming to all members of the community, i.e. people from all disability groups, including vision impairment, and other marginalized and socially excluded people; and proactively ensuring that people with long term vision impairment access their right to wider opportunities in rehabilitation, health, education, livelihoods, and social inclusion.

Group Photo

INCLUDE ALL
INCLUSIVE EYE HEALTH
INCLUSIVE HEALTH
INCLUSIVE SOCIETY

Glimpse of a group discussion Activity during the workshop

OPTOMETRY CURRICULUM HARMONISATION MEETING AND INCLUSIVE EYE HEALTH MODULE REVISION

ORGANIZED BY NATIONAL COMMITTEEEE FOR EYE HEALTH, PAKISTAN SUPPORTED BY CBM

An inclusive Eye health curriculum consultative meeting was organized by the national committee for eye health in collaboration with CBM Pakistan. Two days Consultation workshop conducted at Faletti's Hotel, Lahore, Pakistan.

All eye health institutions offering optometry courses in the country joined the consultative workshop and gave their valuable inputs.

Ms. Fatima Zehra, Program Manager Al Baseer Foundation represented Al Baseer during the Inclusive Eye Health Module Revision workshop and actively participated by sharing the previous test run experiences during 2018 and 2019.

Prof.Asad Aslam (SI), Chairman National Committee for Eye Health Pakistan chaired the event and endorsed the unanimous suggestions that came out from the consultation process.

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Dr. Ismat Ullah Chaudhary (late) actively participated in the consultative workshop, who is no more with us in this world but his work in the field of prevention of blindness will always be remembered.

Al Baseer pays tribute to Dr. Ismat Ullah Chaudhary (late) for his tireless service to our nation. His absence will be felt forever. May Allah bless him with the highest place in Jannah. We extend our deepest sympathies to the family and prayers for the departed soul.

REVISED INCLUSIVE EYE HEALTH MODULE TEST RUN

Group Photo - Inclusive Eye Health Module Workshop 2021

The test run of the revised Inclusive Eye Health Module and 5th national faculty development was organized by national committee Eye Health Pakistan supported by CBM International at Lahore.

All public and private institutions offering optometry across the country participated in the workshop. Not only institutions but also international non governmental organisation working in the field of eye health, representatives from social welfare department , special education and organisation for persons with disabilities also participated in the workshop.

Ms. Fatima Zehra, Program Manager Al Baseer Foundation receiving recognition Award from Mr Syed Ali Shah , Country Director CBM for co-facilitating the workshop.

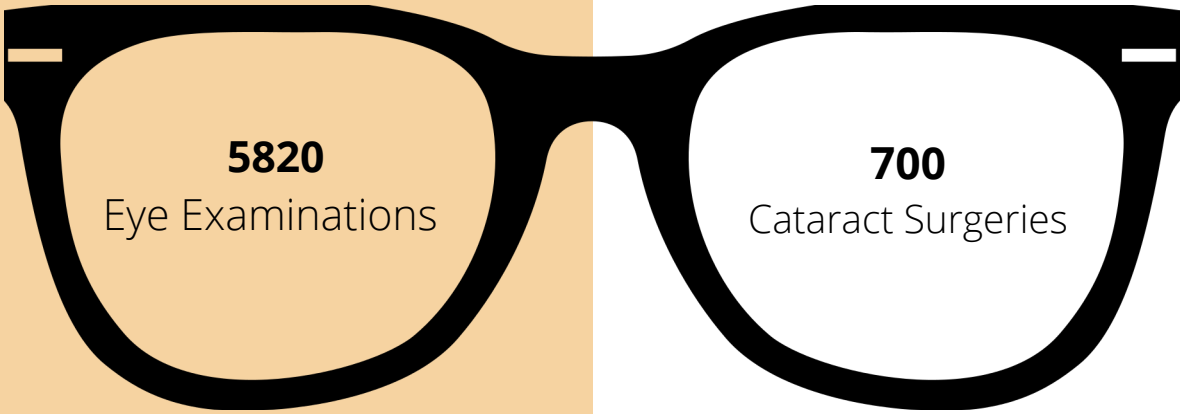
Dr. Haroon Awan consultant explaining the need of rehabilitation services during the presentation

AL BASEER EYE HOSPITAL, A PROJECT OF AL BASEER FOUNDATION - PROGRESS

PERFORMANCE DATA

During Jan - March 2021, a total of 5820 patients went through eye examinations. Out of the total patients attended the outpatient department , 2779 (47.8%) were female and 3041 (52.2%) male.

A total of 700 patients went through cataract surgery at Al Baseer Eye Hospital, Karachi. out of which 352 were from Karachi, 154 from Ghaaro, 183 from Sujawal, and 11 from thatta



COMPLAINT DESK

AL BASEER EYE HOSPITAL

Complaints provide a valuable source of insight into quality and safety-related problems in the healthcare delivery system and can provide important and additional information on how to improve quality and patient safety, as well as reduce negative experiences of healthcare service providers and healthcare establishments.

Al Baseer Eye Hospital, Karachi in compliance with Sindh Health care Commission devised a complaint desk at the hospital. The purpose of the complaint desk is to ensure patient safety and improve patient satisfaction. The focal person has been nominated to record and manage complaints efficiently.

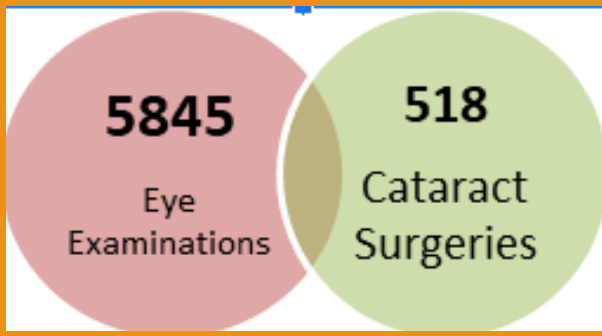
PHACO EYE CAMP

AT AL BASEER EYE HOSPITAL , KARACHI
SUPPORTED BY ATTA AND TANMIYAH

This year, through **Comprehensive Eye Care Program**, Phaco Eye Camp was organized at Al Baseer Eye Hospital, A Project of Al Baseer Foundation, supported by generous donors, Atta and Tanmiyah.

During Phaco Eye Camp at Al Baseer Eye Hospital, the marginalized communities of Sindh province were benefited through the provision of comprehensive eye care. More than 5000 people went through eye examinations and provided with required eye care services.

Out of **5845** patients, **518** patients went through cataract surgeries. Most of the patients who went through cataract surgeries were older people and women.



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SERVING THE DESERVING

PRIMARY EYE CARE SERVICES

Provision of primary eye care in rural areas of Sindh Province

Al Baseer is providing primary eye care services in different districts of Sindh province through identification and referrals by primary eye care workers. People are screened for eye diseases, and patients identified with cataracts and other eye problems are referred to Al Baseer Eye Hospital for examination and treatment.

During the reporting period, a total of 911 people screened in the Ghaaro district in which 163 people were referred to Al Baseer Eye Hospital. In Sujawal, 2700 people screened and 200 people were referred. In Thatta, 450 people screened and 15 people referred.
In Kunri district, 1699 people went through eye examinations and 44 cataract cases found and operated.

Primary Eye Care

Total Screening:
5790
Total Referrals for cataract surgeries:
422

OUTREACH ACTIVITIES

During the reporting period, Al Baseer organized an increased number of outreach activities in Sindh to reach the marginalized communities with support from different donors.

-A total of 4199 people screened during eye camp activities during the reporting period. Out of screened people, 2251 people were provided with medicines, 2253 eyeglasses distributed and 558 people were referred to Al Baseer Eye Hospital for further diagnosis and treatment. In addition, 56 eye surgeries were also conducted through outreach activities.

4199
Eye Examinations

2253
Eyeglasses Distributed

56
Eye Surgeries

2251
Medicines provided

COMPREHENSIVE EYECARE PROGRAM, THE UNIVERSITY OF LAHORE, LAHORE

IN COLLABORATION WITH AL BASEER FOUNDATION

Comprehensive Eye Care Program (CECP) was initiated in Sept 2017 at the teaching hospital of The University of Lahore, Lahore. The Program is supported by the University of Lahore, whereas Al Baseer is providing technical expertise and support for the smooth implementation of program activities.

The program is actively engaged in providing comprehensive eye care services to many less privileged communities through hospital and outreach activities.

During the reporting period, **3722** people went through eye examination at a tertiary hospital, The University of Lahore, and 156 people went through eye surgeries.

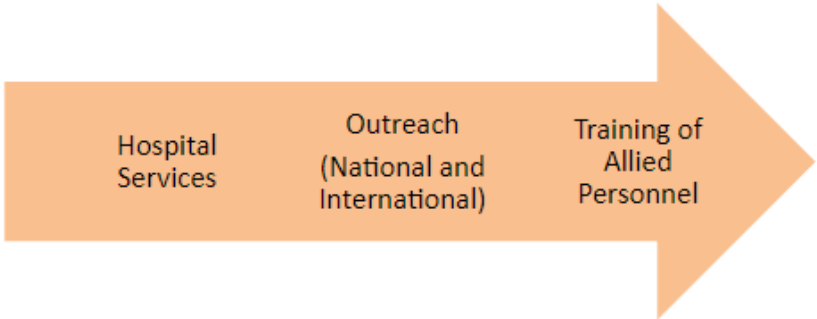
Besides hospital activities, outreach activities were planned in rural areas of Punjab province. A total of **3353** people screened through eye camps, **537** eyeglasses distributed, and **1284** people were provided with medicines

3722
Eye Examinations

156
Eye Surgeries

537
Eyeglasses Distribution

CECP – Three Areas of Work



SUCCESS STORY

MS SAMINA

Samina, 60 years old, lives in a rural area of Sindh belongs to a poor family. For the last couple of months, she was having difficulty in seeing. She was even not able to do home chores properly due to poor vision. She could not visit the hospital for a check-up and remained untreated just because she cannot afford the expenses for the examination.

Moreover, there was no one at her home to take her to the hospital for an examination

During outreach activity by Al Baseer Foundation in her home district, Samina was examined by a trained optometrist. She was diagnosed with a cataract and was referred to Al Baseer Eye Hospital for further examination and surgery.

The transportation and food was also provided by the foundation to reduce barriers.

After the operation, Samina was delighted with the services and her vision remarkably improved.

She says,

"I am so thankful to Al Baseer that they are doing great work for older people who usually feel neglected and face various barriers while accessing health care service."

AL-BASEER FOUNDATION

SERVING THE DESERVING

Al Baseer Foundation aims to provide '**Integrated People Centred Inclusive Eye Care Services**' and for this purpose Al Baseer needs your support.

Please donate us and help in bringing positive change in the lives of many people who are needlessly blind.

Contact us at

Ph: 021 - 35881824,

E-mail

Website

Facebook

Address: 45-C, Mezzanine Floor, 21st Commercial Street, Phase II Extension, D.H.A, Karachi-75500 (Pakistan)

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